

# Chiropractic Health & Wellness Center

127 Avenue C, Suite A  
Snohomish, WA 98290  
360-568-4185 / 360-568-2377 fax  
Chirohealthandwellness.net

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## Patient Introduction

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
First Middle Last

Financially Responsible Party: \_\_\_\_\_  
(if someone other than patient)

Mailing Address: \_\_\_\_\_

City State Zip

Telephone: Cell: \_\_\_\_\_ Home: \_\_\_\_\_

Work: \_\_\_\_\_ Other: \_\_\_\_\_

Email Address: \_\_\_\_\_

Birth Date: Month: \_\_\_\_\_ Day: \_\_\_\_\_ Year: \_\_\_\_\_ Sex: M / F

Social Security Number: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
(for billing purposes)

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Insurance: \_\_\_\_\_  
(Please bring health card to front desk)

Previous Chiropractor: \_\_\_\_\_ Last Visit: \_\_\_\_\_

Reason for leaving: \_\_\_\_\_

Present PCP: \_\_\_\_\_

Referred to us by: \_\_\_\_\_



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## Initial Child & Adolescent Questionnaire

Your Name: \_\_\_\_\_ Your Mom: \_\_\_\_\_  
Your Dad: \_\_\_\_\_

### Mainly for Moms:

**1. Tell us about your pregnancy;**

Did you carry to full term? \_\_\_\_\_  
Describe any complications and when they occurred: \_\_\_\_\_  
\_\_\_\_\_

**2. Tell us about your delivery and birth of this child:**

Did you use a midwife? \_\_\_\_\_ Hospital? \_\_\_\_\_ Obstetrician? \_\_\_\_\_  
Did you have a C-Section? \_\_\_\_\_ Were forceps used? \_\_\_\_\_  
Vacuum Extraction? \_\_\_\_\_ Were you induced? \_\_\_\_\_  
Did you have an Epidural? \_\_\_\_\_ Was it a difficult birth? \_\_\_\_\_  
What was the baby's **APGAR** Score? \_\_\_\_\_ at 5 minutes? \_\_\_\_\_

**3. Tell us more:**

Did you breastfeed? \_\_\_\_\_ How long? \_\_\_\_\_ What formula after? \_\_\_\_\_  
Did you consume alcohol during your pregnancy? \_\_\_\_\_ How much? \_\_\_\_\_  
Did you smoke? \_\_\_\_\_ How much? \_\_\_\_\_ How long? \_\_\_\_\_  
Did you take any medication during your pregnancy?  
For what? \_\_\_\_\_ What type? \_\_\_\_\_  
Any exposures to ultrasound? \_\_\_\_\_, How many? \_\_\_\_\_

**4. As a baby/toddler, (birth to 4 years), did any of the following occur?**

_____ Fall from a change table	_____ Frequent crying spells
_____ Tumble down stairs	_____ Frequent fevers
_____ Fall out of crib	_____ Frequent bouts of diarrhea
_____ Involved in car accident	_____ Constipation
_____ Fall off playground equipment	_____ Sleeping problems
_____ Play in "Jolly Jumper"	_____ Frequent colds
_____ Frequent ear infections	_____ Colic
_____ Tonsillitis	_____ Did not gain weight
_____ Reaction to vaccination	_____ Other _____

Please explain the above: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**5. As a young child, (5-12 years), did any of the following occur?**

_____ Fall from a tree	_____ Bed wetting
_____ Fall of a bicycle	_____ Hyperactivity/Autism
_____ Fall of playground equipment	_____ Learning difficulties
_____ Sports accident	_____ Asthma
_____ Car accident	_____ Allergies
_____ Stomach pains	_____ Leg/knee pains
_____ Scoliosis	_____ Other _____

Please explain the above: \_\_\_\_\_  
\_\_\_\_\_



6. Tell us about any vaccinations your child has had: \_\_\_\_\_

Any reactions to any of these? \_\_\_\_\_

Were you told that you had a choice in vaccinating your child? ☐ YES, ☐ NO  
Would you like information on the another side of this issue? ☐ YES ☐ NO

7. As a child or adolescent, has your child experienced any of the following:

<input type="checkbox"/> Headaches	<input type="checkbox"/> Numbness in arms/hands
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Foot/ankle/knee pains
<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Arm/wrist pains
<input type="checkbox"/> Sleeping problems	<input type="checkbox"/> Tingling in arms/legs
<input type="checkbox"/> Allergies	<input type="checkbox"/> Neck/back pains
<input type="checkbox"/> Asthma	<input type="checkbox"/> Shoulder pains
<input type="checkbox"/> Hyperactivity	<input type="checkbox"/> "Growing Pains"
<input type="checkbox"/> Fatigue	<input type="checkbox"/> Weight gain/loss
<input type="checkbox"/> Stomach problems	<input type="checkbox"/> Other : _____

Please explain any of the above: \_\_\_\_\_

8. Which of the problems you have checked off is the worst? \_\_\_\_\_

Is this problem: Constant ☐ Intermittent ☐ Occasional ☐ Cyclic ☐

9. How long has it persisted? \_\_\_\_\_

10. When it is at its worst, how does it make your child feel? \_\_\_\_\_

11. What have you done about it that has NOT worked? \_\_\_\_\_

12. What makes it worse? \_\_\_\_\_

13. What effect does this problem have of your child's body functions? \_\_\_\_\_

On his/her participation in daily activities? \_\_\_\_\_

14. Describe any hospital stays: \_\_\_\_\_

15. Approximately how many times have antibiotics been prescribed and for what conditions? \_\_\_\_\_

16. List any medications your child is currently taking: \_\_\_\_\_

17. To summarize, what is your purpose for this appointment? \_\_\_\_\_

18. Is there anything else you feel we should know? \_\_\_\_\_

Signature of parent or guardian: \_\_\_\_\_ Date: \_\_\_\_\_

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## Your Informed Consent

Although Chiropractic is reported to be the safest health care system in the world, some say there are very slight risks associated with it. We feel that it is responsible to let you know:

- a. Risk of stroke is reported to be 1 in 5-8 million or so...  
and the cause has yet to be determined.
- b. While extremely rare, there have been reports of ligament sprains, and even rib fractures reported.
- c. There have been rare reports of disc injuries although no clinical scientific study has ever demonstrated chiropractic care to be the cause.

Chiropractic care has been proven to be both, clinically and very cost effective. The risk of injuries and complications is so small that chiropractors carry the lowest malpractice insurance premiums of all the health care professions in the world.

Compared to traditional medical/drug/surgical care, which has a yearly death rate of approximately 200,000 people in North America, Chiropractic is your safest health care system.

I have read and understand the above consent, and have had the opportunity to discuss it with my chiropractor.

I consent to the care recommended by my chiropractor and extend this consent to include all doctors of this Chiropractic Health & Wellness Center. This consent applies to all present and future care for me and my family.

Your Name: \_\_\_\_\_, Date: \_\_\_\_\_

Your Signature: \_\_\_\_\_

Witness: \_\_\_\_\_



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## **Terms of Acceptance**

**I have been informed and fully understand that Chiropractic care is not the treatment of any disease or condition.**

**I understand that the body is a self-healing organism, that the nervous system is the master controller of the body and that any interference to the function of the nervous system creates a malfunction within the body.**

**I understand that vertebral Subluxation interfere with the function of my nervous system and produce poor health expression.**

**I also understand that my care is aimed at correction of my vertebral Subluxations thereby restoring or optimizing my health potential.**

**Name of Patient:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Thank You**



## **STATEMENT OF PRIVACY PRACTICES**

### **CHIROPRACTIC HEALTH & WELLNESS CENTER**

Our office is dedicated to protect the privacy rights of our patients and the confidential information entrusted to us. It is a requirement of this practice that every employee receive appropriate training and is dedicated to the principal concept that your health information shall never be compromised. We may, from time to time, amend our privacy policies and practices but will always inform you of any changes that might affect our obligations and your rights.

#### **PROTECTING YOUR PERSONAL HEALTHCARE INFORMATION**

We use and disclose the information we collect from you only as allowed by the Health Insurance Portability and Accountability Act and the state of Washington. This includes issues relating to your treatment, payment, and our health care operations. Your personal health information will never be otherwise given or disclosed to anyone – even family members – without your consent or written authorization. You, of course, may give written authorization for us to disclose your information to anyone you choose, for any purpose.

Our offices and electronic systems are secure from unauthorized access and our employees are trained to make certain that the confidentiality, integrity, and access to your records is always protected. Our privacy policy and practices apply to all former, current, and future patients, so you can be confident that your protected health information will never be improperly disclosed or released.

#### **COLLECTING PROTECTED HEALTHCARE INFORMATION (PHI)**

We will only request personal information needed to provide our standard of quality health care, implement payment activities, conduct normal health practice operations, and comply with the law. This may include your name, address, telephone number(s), Social Security Number, employment data, medical history, health records, etc. While most of the information will be collected from you, we may obtain information from third parties if it is deemed necessary. Regardless of the source, your personal information will always be protected to the full extent of the law.

#### **DISCLOSURE OF YOUR PROTECTED HEALTHCARE INFORMATION**

As stated above, we may disclose information as required by law. We are obligated to provide information to law enforcement and governmental officials under certain circumstances. We will not use your information for marketing or fund-raising purposes without your written consent. We may use and/or disclose your health information to communicate reminders about your appointments including voicemail messages, answering machines, and postcards unless you direct us otherwise. We will never use, disclose, sell, or otherwise allow access to your personal, protected information in exchange for or receipt of financial remuneration.

Any breach in the protection of your personal health information, including unauthorized acquisition, access, use, or disclosure, will be fully investigated, addressed, and mitigated as established by the HIPAA Privacy Breach Notification Rule. You have a right to and will be provided all information relating to any breach involving your personal PHI

#### **YOUR RIGHTS AS OUR PATIENT**

You have a right to request copies of your healthcare information; to request copies in a variety of formats; and to request a list of instances in which we, or our business associates, have disclosed your protected information for uses other than stated above. All such requests must be in writing. We may charge for your copies in an amount allowed by law. If you believe your rights have been violated, we urge you to notify us immediately. You can also notify the U.S. Department of Health and Human Services.

An expanded, and complete copy of our Statement of Privacy Practices, is available for your review.



## ACKNOWLEDGEMENT OF RECEIPT OF STATEMENT OF PRIVACY PRACTICES

I acknowledge that I have received a copy of the Statement of Privacy Practices for the offices of Chiropractic Health & Wellness Center. The Statement of Privacy Practices describes the types of uses and disclosures of my protected health information that might occur in my treatment, payment for services, or in the performance of office health care operations. The Statement of Privacy Practices also describes my rights and the responsibilities and duties of this office with respect to my protected health information. The Statement of Privacy Practices is also posted in the facility.

Chiropractic Health & Wellness Center reserves the right to change the privacy practices currently described in the Statement of Privacy Practices. If privacy practices change, I will be offered a copy of the revised Statement of Privacy Practices at the time of my first visit after the revisions become effective. I may also obtain a revised Statement of Privacy Practices by requesting that one be mailed or otherwise transmitted to me.

### ADDITIONAL DISCLOSURE AUTHORIZATION

*In addition to the allowable disclosures described in the Statement of Privacy Practices, I hereby specifically authorize disclosure of my Protected Healthcare Information to the person(s) identified below. (I understand that the default answer is "NO". Without indicating "YES" in answer to each individual question, personal protected (PHI) cannot be shared with anyone unless otherwise allowed by HIPAA rules.)*

Spouse only ☐ YES ☐ NO

OR

Any Member of my immediate family: (i.e. Spouse, Children, Siblings, etc.) ☐ YES ☐ NO

Any Member of my extended family: (i.e. Parents, Grandchildren) ☐ YES ☐ NO

Other: ☐ YES ☐ NO

Name of patient (please print):

Patient signature:

Patient's personal representative: (Please Print):

Personal Rep's signature:

Representative's Phone Number:

Date:

### OFFICE USE ONLY BELOW THIS LINE

## Acknowledgement Not Obtained

Provided Prior to Treatment?

☐ YES

☐ NO

Date Statement Provided: \_\_\_\_\_

Reason for not obtaining patient signature

☐

Needed more time to review Statement

☐

Wanted to consult another person before signing

☐

Physically unable to sign

☐

No reason offered

☐

Other: